

How to have a happy cat:
(And avoid stress-related feline medical problems).

1. **Get a cat tree: Cats LOVE cat trees. They love to perch on high places to feel safe, and to watch everyone from afar. They are also wonderful scratching posts. Put them in areas of social activity. (Many types available at Wal-Mart, Petco, Petsmart, and through the Internet.**
2. **Practice good litter box educate:**
 - **# of boxes should equal # of cats, plus one.**
 - **Scoopable litter usually preferred.**
 - **Scoop daily.**
 - **Deep clean, and replace litter every 1-2 weeks.**
 - **Replace litter box yearly.**
 - **Try large Tupperware storage containers for a box (their much roomier).**



Use baby gates to allow your cats some privacy from dogs, or younger children. Grow wheat grass for your cat to nibble, and see if he/she likes catnip.

