Pet Quality of Life Scale and Daily Diary

Directions: Use the key factors of quality of life below to help assess your pet's condition. Use the Daily Diary to keep track of your pet's progress. Fill in the appropriate number for each category and then add the numbers from each category for that day. The maximum score is 12 and you can determine your own scale. You can even add categories that pertain to your pet's particular situation. For example, 'Respiratory Rate' if your pet suffers from heart failure or lung cancer. You can give half or quarter points if appropriate.

MOBILITY

2 Good Mobility - No difficulty getting around, enjoys walks and going outside
1 Poor Mobility - Difficulty getting up, hard to get in position to eliminate, short walks only
0 Bare Minimum Mobility - Needs assistance, pain medication/anti-inflammatory medications to not help

NUTRITION

2 Good Appetite
1 Poor Appetite - Hand feeding, needs enticing

HYDRATION

2 Adequate Intake
1 Poor Intake/ or increased in some patients with particular disease
0 Requires Clysis (subcutaneous fluids)

INTERACTION/ATTITUDE

2 Interacts normally with family and other pets
1 Some intervention with family and other pets
0 Hides in the closet or under the bed

ELIMINATION

2 Normal urination and/or defacation
1 Reduced/Irregular urination and/or defacation
0 None

FAVORITE THINGS

2 Normal favorite activities, hobbies, etc.
1 Decrease in doing their favorites things
0 No interest in their favorite things

EXAMPLE SCALE IS AS FOLLOWS:

12-9	Everything is okay
6-8	Requires intervention
< or = 5	Consider humane euthanasia

DAILY DIARY

DATE	MOBILITY	NUTRITION	HYDRATION	INTERACTION/ ATTITUDE	ELIMINATION	FAVORITE THINGS	NOTES